



Idling Action London

SUPPORTED BY
MAYOR OF LONDON

Air Pollution and Idling

Air pollution is a major risk to health and contributes to 4,100 deaths in London each year. More than half of London's pollution comes from road traffic.

Idling -leaving your engine running while your vehicle is stationary-creates pollution which quickly builds up around and inside your vehicle.

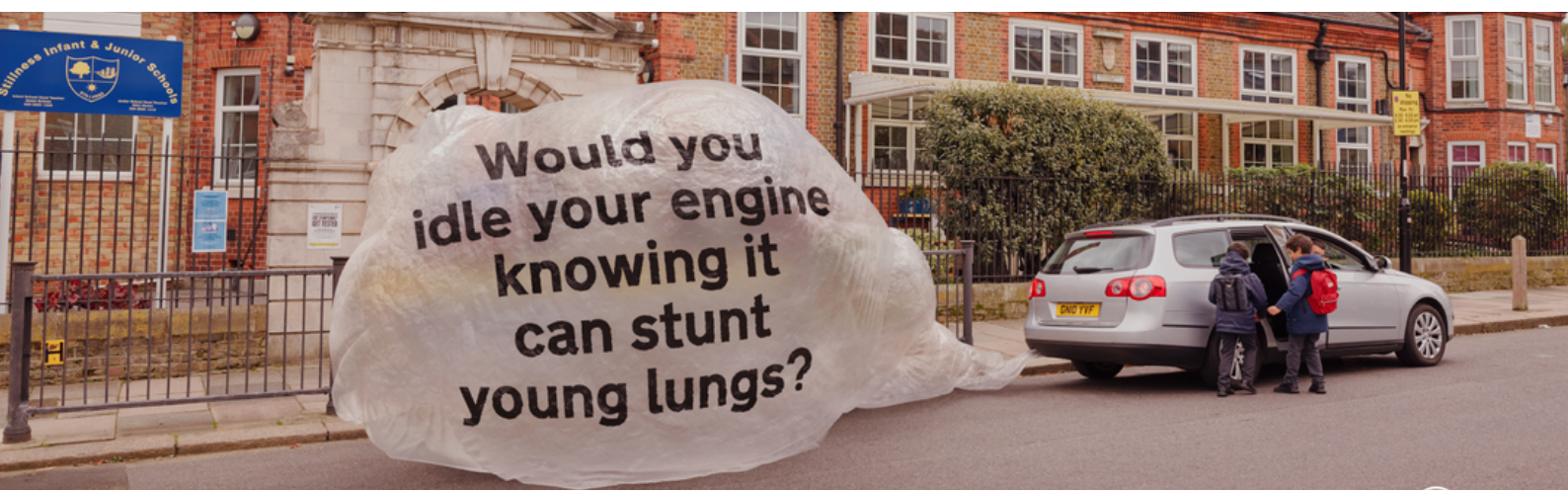
Both short and long-term exposure to air pollution **damages our lungs, hearts and brains**. Putting a stop to idling is a simple way we can all help to clean up the air we breathe.

Idling Action London

We are asking you to **please switch off your engine if parked for 30 seconds or longer**.

Idling Action is working with 31 London boroughs and City of London Corporation to tackle idling by engaging drivers and working with schools, businesses, hospitals and public sector fleets.

For info and resources:
Visit: idlingaction.london
Tweet: @idlingaction
#noidling #enginesoff



SHOW LONDON YOU CARE ENGINES OFF FOR CLEANER AIR

Did you know?

Idling wastes fuel and money as well as exposing you and the people around you to toxic fumes.

Children and the elderly are particularly vulnerable to the effects of air pollution.

Idling your engine unnecessarily is an offence and you could be fined.

2020 research from Transport Research Laboratory shows that idling for just 30 seconds produces twice as much pollution and wastes more fuel than switching off and restarting your engine.

Myth

I need to keep the engine running to keep the heater on.

If I'm parked on a yellow line, keeping my engine running means I won't get a fine.

Stopping and starting will wear out the engine?

Idling does not contribute very much to air pollution in the grand scheme of things.

Truth

If you switch the engine off when you park and keep the ignition on, the heater should stay warm for up to 30 minutes.

Traffic wardens can fine you if you are parked somewhere you shouldn't be, whether your engine is running or not.

This is no longer a problem with modern engines and by not idling you will use less fuel and reduce your fuel costs.

Research has shown that switching off engines when parked can reduce localised pollution levels.

